

Bringing Up Great Kids is a six week program that supports parents to:

- Learn more about the origins of their parenting style and how it can be more effective,
- Identify the important message they want to convey to their children and how to achieve this,
- Learn more about brain development in children and its influence on their thoughts, feelings and behaviours,
- Discover how to overcome obstacles in the way of them being the parents they want to be

Thursdays 10- 12:00pm 6th November - 11th December 284 Maitland Road, Cessnock Childcare and morning tea provided

To register



Please note: Pre-interview required before commencement